### TOPIC 12: ENVIRONMENTAL CLEANING & DISINFECTION





#### AGENDA

- Welcome
- Cleaning and Disinfection: What is the Difference?
- Why Cleaning and Disinfection Matter
- What is Contact Time?
- Reflection



#### LEARNING OBJECTIVES

- Describe the difference between cleaning and disinfection.
- Discuss why it is important to follow the label instructions on a disinfectant product.



#### **POLL**

- Cleaning is killing germs. Disinfecting is removing dirt and some germs.
- Disinfecting is a type of cleaning (cleaning with chemicals).
- Cleaning is a type of disinfecting (disinfecting with soap or detergent).
- Disinfecting is killing germs. Cleaning is removing dirt and some germs.



# CLEANING AND DISINFECTION: WHAT'S THE DIFFERENCE?

## **INSIDE INFECTION CONTROL CLEANING? DISINFECTION?** WHAT IS THE DIFFERENCE? **EPISODE 16**



#### **DEFINITIONS**

#### Cleaning

Cleaning is a process that removes things like dust, dirt, grime, and other spills, smears, and everyday messes from surfaces, along with some germs.

#### **Disinfection**

Disinfection is a process that kills germs.



### Questions and Clarifications?



## WHY CLEANING AND DISINFECTION MATTER

#### PATIENTS MAY HAVE WEAKENED IMMUNE SYSTEMS

In healthcare, we have patients who are ill or weak.

#### Why does that matter?

Germs are more likely to cause problems in these patients, because their immune defenses may not be the same as someone who is healthy and living at home.



#### THE HEALTHCARE ENVIRONMENT SHOULD BE KEPT CLEAN

It is important to keep the healthcare environment clean to stop germs from spreading.

#### Where and When?

- Patient Rooms
- High-touch Surfaces
  - Bed rails
  - Keyboards
  - Light switches
- Surfaces and objects that often have a lot of germs on them
  - Toilet seats



### WHAT IS CONTACT TIME?

#### **DEFINITION**

#### **Contact Time**

Sometimes called "dwell time," this is the amount of time a disinfectant needs to sit on a surface, without being wiped away or disturbed, to effectively kill germs.



#### THE DISINFECTANT LABEL

### What information do you need from a disinfectant's label?

- 1. Is the product EPA-approved?
- 2. On which surfaces can the disinfectant be used?
- 3. What germs has the disinfectant been proven to kill?
- 4. Should the product be diluted?
- 5. What is the contact time?



#### DOS AND DON'TS FOR DISINFECTION

#### Dos

 Do follow the listed contact time. This ensures items are disinfected to keep germs from spreading.

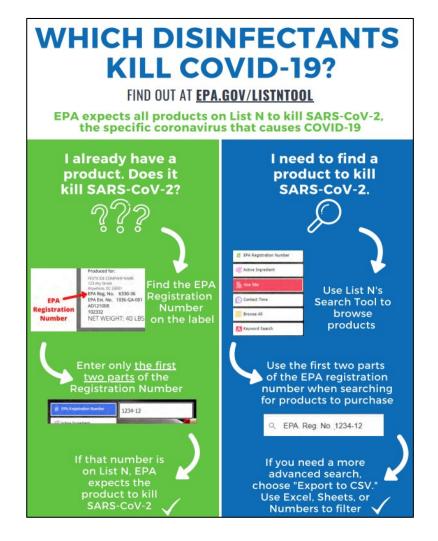
#### Don'ts

- Don't rush the process. Wait until contact time is complete before using objects or surfaces or before a new patient comes into a room.
- Don't wipe the surface to dry it faster.
- Don't blow on the surface to dry it faster.



#### DISINFECTANTS THAT KILL SARS-CoV-2

EPA's **List N** is a searchable database that makes it easy to find products that kill SARS-CoV-2





# REFLECTION: WHAT DID YOU LEARN TODAY?

#### **KEY TAKEAWAYS**

- Cleaning removes visible dirt, dust, spills, smears, and grime, including organic material like blood, as well as some germs, from surfaces. It's important to clean before disinfecting because dirt and grime can make disinfectants not work as well.
- Disinfecting kill germs on surfaces or objects.
- It is important to keep the healthcare environment clean to stop the spread of germs.
- Follow the instructions on the disinfectant label especially instructions for contact time.



#### RESOURCES AND FUTURE TRAINING SESSIONS

#### **Project Firstline Resources**

Project Firstline on CDC:

https://www.cdc.gov/infection control/projectfirstline/index.html

Project Firstline on Facebook:

https://www.facebook.com/CDCProjectFirstline/

Twitter:

https://twitter.com/CDC\_Firstline

Youtube:

https://www.youtube.com/playlist?list=PLvrp9iOILTQZQGt DnSDGViKDdRtlc13VX

To sign up for Project Firstline e-mails, click here:

https://tools.cdc.gov/campaignproxyservice/subscriptions.aspx?topic\_id=USCDC\_2104

#### **Other Resources**

CDC's Environmental Cleaning Evaluation Tools:

https://www.cdc.gov/hai/prevent/prevention\_tools.html#anchor\_1561577385

CDC's Reduce Risk from Surfaces:

https://www.cdc.gov/hai/prevent/environment/surfaces.html

EPA's Six Steps for Safe & Effective Disinfectant Use:

https://www.epa.gov/sites/production/files/2020-04/documents/disinfectants-onepager.pdf

EPA's List N Tool:

https://cfpub.epa.gov/giwiz/disinfectants/index.cfm

About List N: Disinfectants for Coronavirus (COVID-19):

https://www.epa.gov/coronavirus/about-list-n-disinfectants-coronavirus-covid-19-0

Selected EPA-Registered Disinfectants: <a href="https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants">https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants</a>

List N - Infographic Which disinfectants kill COVID-19?:

https://www.epa.gov/sites/production/files/2020-12/documents/list\_n\_how-to\_infographic\_final\_0.pdf



#### FEEDBACK FORM



