



Prediabetes Workflow Modifications to Improve Care for Your Patients

Providers and practices who are actively engaged in the Pennsylvania Department of Health’s Diabetes Management program have the benefit of scheduling a no-cost Workflow Assessment (WFA) with a local Quality Insights Practice Transformation Specialist (PTS). Annual WFAs are designed to determine areas for improvement and initiate processes that will move the needle on clinical quality improvement activities.

The following checklist includes evidence-based solutions aimed at achieving better patient outcomes in collaboration with the WFA. We encourage you to partner with your Quality Insights PTS to discuss scheduling a WFA and **implementing at least ONE of the recommendations listed below**. If you are not currently working with a PTS and would like assistance, please email [Ashley Biscardi](mailto:Ashley.Biscardi@qualityinsights.com) or call **1-800-642-8686, Ext. 137**.

Electronic Health Record (EHR) Actions

	Ensure your practice is utilizing the prediabetes diagnosis code (R73.03) as opposed to impaired fasting glucose (R73.01) or hyperglycemia (R73.9).
	Generate a report of patients with a hemoglobin A1c between 5.7% and 6.4% without a diagnosis of prediabetes, and have those patients follow up for a prediabetes discussion.
	Activate clinical decision support (CDS) reminders for prediabetes (i.e., diagnosis parameters, use of the Prediabetes Risk Test , and referral to a National Diabetes Prevention Program [National DPP]).
	Run an EHR report to identify all patients with prediabetes. Facilitate referrals to a National DPP utilizing a multidirectional referral process.
	Create and execute an EHR report of patients with prediabetes diagnosis. Participate in an outreach campaign to promote and to refer eligible patients to a National DPP.

Protocol & Workflow Actions

	Create a protocol to routinely screen patients for prediabetes utilizing the Prediabetes Risk Test . Include a consistent process for reviewing the outcome and referring patients to a National DPP.
	Review or create an office protocol for prediabetes. Assess for the following components and, if needed, update to include: <ul style="list-style-type: none"> • Current guidelines • Use of Prediabetes Risk Test • Referral to a National DPP
	Create a workflow in your office to document and address patients' barriers to care in their chart (e.g., language, medication adherence, and social determinants of health [SDOH]).

Practice & Clinical Solutions

Using the [Prediabetes Practice Module](#) as a guide:

	Provide training to clinical staff on: <ul style="list-style-type: none"> • The appropriate use of the Prediabetes Risk Test; and • How to facilitate conversations about prediabetes
	Partner with Quality Insights to support and promote National DPP referrals at your health system's Emergency Department and/or Urgent/Immediate Care.

Patient Education Actions

	Promote the Prediabetes Risk Test (English and Spanish versions) to your patients. Have the tests available in the waiting area and exam rooms to educate your patients and help them identify their risk for diabetes.
	Provide materials and information to patients on the National DPP and encourage patients with prediabetes to participate.
	Address barriers to care (e.g., medication adherence, social determinants of health, and health literacy), and follow up in order to refine processes. Refer patients to services through PA Navigate if applicable.

Funding provided by the Pennsylvania Department of Health as part of the Advancing Health Equity for Priority Populations with or at Risk for Diabetes federal grant from the Centers for Disease Control and Prevention (DP-23-0020). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention. Publication number PADOH-DM-032124