



Prediabetes Workflow Modifications to Improve Care for Your Patients

Providers and practices who are actively engaged in the [Pennsylvania Department of Health's Improving the Health of Americans Through Prevention and Management of Diabetes and Heart Disease and Stroke program](#) have the benefit of scheduling a no-cost Workflow Assessment (WFA) with a local Quality Insights Practice Transformation Specialist (PTS). WFAs are completed **annually** and designed to initiate a future state of processes that will move the needle on clinical quality improvement activities.

The following list of workflow modification options can be used to achieve better patient outcomes for those with prediabetes. We encourage you to partner with your Quality Insights PTS to discuss scheduling a WFA and implementing at least ONE of the recommendations listed below. If you are not currently working with a PTS and would like assistance, please email [Ashley Biscardi](#) or call **1-800-642-8686, Ext. 137**.

Electronic Health Record (EHR) Actions

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| | Activate clinical decision support (CDS) reminders for prediabetes (i.e., diagnosis parameters, use of Prediabetes Risk Test , and referral to a National Diabetes Prevention Program [National DPP]). |
| | Run an EHR report to identify all patients with prediabetes. Facilitate referrals to National DPP utilizing a bidirectional feedback loop referral process . |
| | Add a diagnosis of prediabetes (R73.03) to the medical record. |
| | Run a report of current, tracked prediabetes quality measures (i.e., NQF 0059), and identify areas for improvement. |

Protocol & Workflow Actions

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| | Create a protocol to routinely screen patients for prediabetes utilizing the Prediabetes Risk Test . Include a consistent process for reviewing the outcome and referring patients to a National DPP. |
| | Review or create an office protocol for prediabetes. Assess for the following components and, if needed, update to include: <ul style="list-style-type: none">• Current guidelines• Medication (and adherence) processes• Team-based care• Appointment processes (including follow-up)• Use of Prediabetes Risk Test |

Practice & Clinical Solutions

Using the [Prediabetes Practice Module](#) as a guide:

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| | Provide training to clinical staff on: <ul style="list-style-type: none">• The appropriate use of the Prediabetes Risk Test; and• How to facilitate conversations about prediabetes |
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Patient Education Actions

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| | Promote the Prediabetes Risk Test (English and Spanish versions) to your patients. Have the tests available in the waiting area and exam rooms to educate your patients and help them identify their risk for diabetes. |
| | Provide promotional materials from National DPP sites in your vicinity to encourage patients with prediabetes to participate. |
| | Address barriers to care (e.g., medication adherence , social determinants of health , and health literacy), and follow up in order to refine processes. |

