

In-Center Hemodialysis

Advantages

- Trained staff perform treatment for you
- Regular contact with other hemodialysis patients
- No equipment and supplies kept at home



Disadvantages

- Travel to a center three times a week on a fixed schedule
- Permanent access
- Restricted diet and limited fluid intake
- Possible discomfort like headache, nausea, leg cramps, tiredness

Home Hemodialysis

Advantages

- A flexible lifestyle and more freedom
- Fewer diet restrictions
- No travel to dialysis unit for treatment
- Clinic visits about once a month
- More control over blood pressure

Disadvantages

- Most patients need a trained partner to help
- You need to be trained
- Need room to store equipment and supplies



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Treatment Options



Options for Living with Kidney Disease

Peritoneal Dialysis

Advantages

- Doesn't use needles
- Easy for traveling
- A flexible lifestyle and freedom
- Fewer fluid and diet restrictions
- No travel to dialysis center for treatment
- Clinic visits about once a month
- More control over blood pressure

Disadvantages

- You need to be trained
- Need to store equipment and supplies
- May gain weight or have a larger waistline



Transplantation

Advantages

- Most like having your own kidneys
- Lets you keep a normal schedule
- Fewer fluid and diet restrictions
- Feel healthier and have more energy
- Work full-time without worrying about a dialysis schedule

Disadvantages

- Take immunosuppressant medications for the rest of your life
- May lose kidney function and have to re-start dialysis



Contact Us

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