

# MY HOME DIALYSIS PLAN



Step #	Step Name	Date Scheduled	What does this step mean for me?	Completed	
				Yes	No
Step 1	Education and assessment of interest		Talk to your dialysis team to learn more about the benefits of dialysis at home.		
Step 2	Referred to a home program		Meet with a home dialysis nurse to discuss ways you can do dialysis at home. The home dialysis nurse will answer your questions or concerns.		
Step 3	Suitability for home modality		Discuss with your kidney doctor and the home dialysis team if dialysis at home is appropriate for you. Ask questions.		
Step 4	Assessment and placement of appropriate access		See a surgeon to prepare you for the appropriate access on your chosen home therapy. Ask what to expect and how to care for the access.		
Step 5	Home modality training begins		Discuss and plan your home dialysis classes with the home program staff. Talk about how to include treatment to daily schedule and activities.		
Step 6	Transition to home modality		Start managing your dialysis at home with the support of the home dialysis team. <b><i>Congratulations!</i></b>		

Name \_\_\_\_\_

Home Dialysis Program Contact \_\_\_\_\_

Phone \_\_\_\_\_

Dialysis Access Surgeon \_\_\_\_\_

Phone \_\_\_\_\_