

DVR Office Locations

New Castle County

Wilmington

302-761-8275

Newark

302-368-6980

Middletown

302-378-5779

Kent County

Dover

302-739-5478

Milford

302-430-7721

Sussex County

Georgetown

302-856-5730



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Division of Vocational Rehabilitation

Making Your Career Decision



**Knowing Yourself
Knowing Your Work Options**

Welcome!



You are on your way to making an important decision about your

career, and will participate in activities which will help you with that decision.

Career decision-making tools, also called assessments and inventories are available to help you make the best career decisions possible. An Assessment Technician will help you better understand the different types of career assessments and how you and others may want to use them to make career decisions.

You will take an assessment for :

- **Career exploration**
- **Training**
- **Job matching**
- **Job placement**

How an Assessment Helps You

- Assessments help you to learn about yourself so you will be able to better understand your strengths.
- They help to identify areas in which you already have skills, abilities, and interests.
- Assessments can help you identify areas for which you may need to strengthen your skills.
- You will make decisions about your career path with confidence when you understand what you like and are able to do well.
- An assessment guides you to select careers and training programs.

Are Assessments Used With Other Information

Yes, assessments are used with other information. You will make career decisions for yourself with the assistance of your counselor by using the information obtained in the following:

- Interview
- Work Experiences
- Education
- Training/Apprenticeships
- Work Tryouts
- References
- Other sources of information

The more you and your counselor know about your skills and abilities, the more likely it is that you will become successfully employed.

