# Keep Going to Dialysis for Your Health

YOUR BODY DEPENDS ON IT

#### **Things to Remember**

- Making urine doesn't mean kidneys work well
- Missing sessions is dangerous
- Regular treatment helps you feel better
- Stick to your schedule

### **Your Dialysis = Your Lifeline**

Each session removes harmful substances your body can't eliminate on its own.

## YOUR DIALYSIS CHECKLIST

- Attend every session:
  This keeps toxins from building up
- Follow your care team's advice: It'll help you feel your best
- Ask questions: Stay informed and in control of your health



#### Consistent treatment leads to better health outcomes.

