

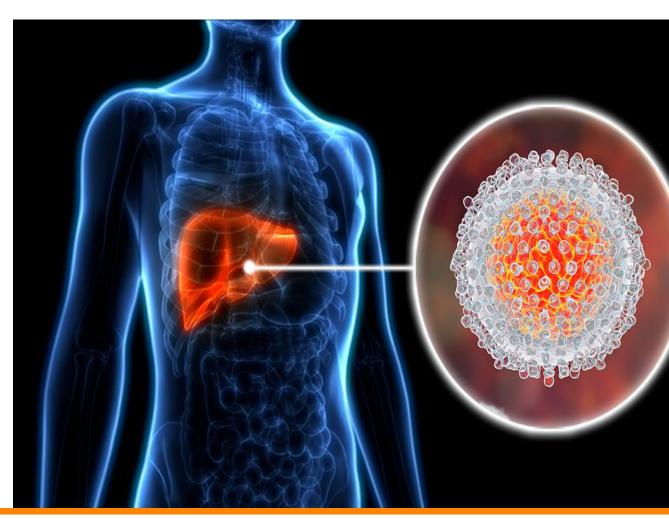
### 2024 Virtual Conference

## Hepatitis C in Neonates and People of Childbearing Potential

Taylor Maddox-Rooper, MS

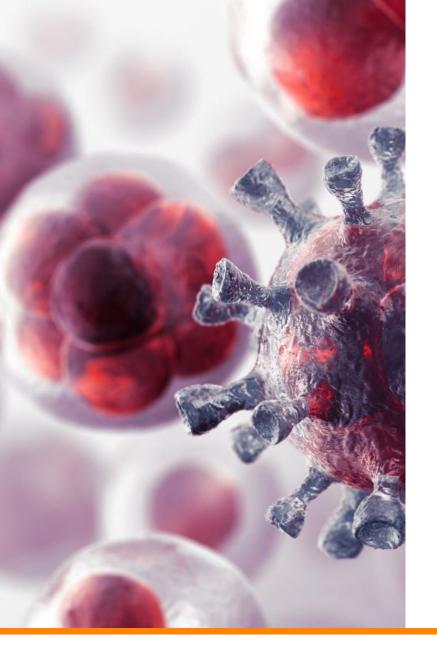
### What is Hepatitis C?

- Hepatitis C (HCV) is an inflammatory
  virus that affects the liver
- There are six different genotypes of the HCV virus
- By current estimation, 50 million people have a chronic Hepatitis C infection
- The World Health Organization estimates that in 2022 242,000 died from Hepatitis C complications









## Why is Hepatitis C so dangerous?

- There is currently no vaccine to prevent Hepatitis C
- Infection with Hepatitis C can be life-threatening
- Hepatitis C infection occurs in all regions of the world
- 30% of Hepatitis C infections are acute with the virus clearing within 6 months of infection. The remaining 70% of infections will become chronic
- Most people once they become infected have no symptoms initially





# Who is at risk of Hepatitis C?







### What are the symptoms of a Hepatitis C infection?

- Fever
- Fatigue
- Dark urine
- Joint Pain
- Jaundice
- Bruising easily

- Loss of appetite
- Nausea and vomiting
- Abdominal pain
- Pale or clay-colored stools
- Itching





## How do you get Hepatitis C?

Hepatitis C (HCV) can be contracted through the sharing of or contact with blood or blood products that is infected with the virus **Examples of transmission:** 

- Sexual contact
- Passed from a Hep C-positive mother to child at birth
- Sharing personal items (i.e. toothbrush, razor, nail clippers)
- Tattooing or body piercings
- Sharing of needles/syringes
- Transfusions of unscreened blood
- Inadequate sterilization of medical equipment





### How do you test for Hep C?

- Most people do not get tested until years after infection due to the infection being asymptomatic
- Testing for anti-HCV antibodies identifies infected persons
- If positive for anti-HCV antibodies, an RNA test is performed to confirm chronic infection and if treatment is needed
- If a person has tested positive for a chronic infection further testing should be done to determine the degree of liver damage if there is a development of cirrhosis, fibrosis, or cancer









### Hepatitis C in Pregnancy

- Infants born to Hep C mothers have a 4-7% chance of a perinatal HCV infection
- Infants born to Hep C mothers have an increased risk of congenital anomalies, low birth weight, and Neonatal Intensive Care Unit admissions (NICU)
- Hep C-exposed infants are at increased risk
  of an adverse neurologic outcome
- Currently there is no approved treatment for Hep C during pregnancy





### Hepatitis C in Children

- In the US approximately 250,000 children have a Hep C infection
- Children who are infected with Hep C can clear the virus from the body within the first two years of life
- Similarly to adults the virus can be detected at the earliest around 2 weeks after contracting the infection
- The average incubation period is 6 to 9 weeks after initial exposure
- Like with adults not every child will have symptoms
- The American College of Pediatrics recommends testing for Hepatitis C for children born to Hep C positive mothers at 18 months of age





### Hepatitis C symptoms in children

- Loss of appetite
- Tiredness
- Jaundice
- Fever
- GI issues like diarrhea and stomachache
- Light-colored stools
- Dark urine





## Can you treat Hep C?



### YES!

- There are several options for curing Hepatitis C
- Some medications like Harvoni will only treat certain genotypes
- While other medications like Epclusa can treat all genotypes
- Several of these medications are approved for use in HCV treatment in children
- There is not currently an FDA-approved medication for HCV treatment in pregnancy





### **Research** is currently being done on Hep C treatment in Pregnancy

#### **ClinicalTrials.gov**

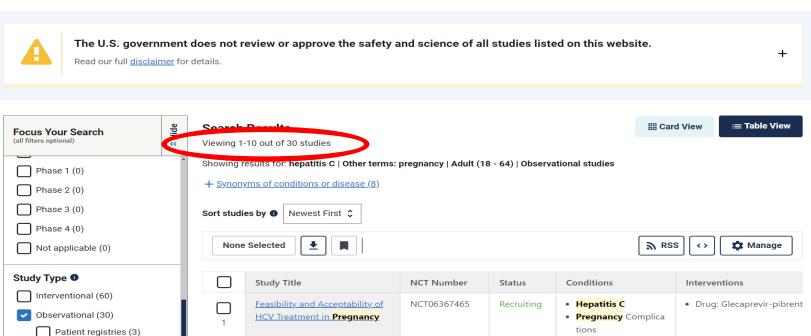


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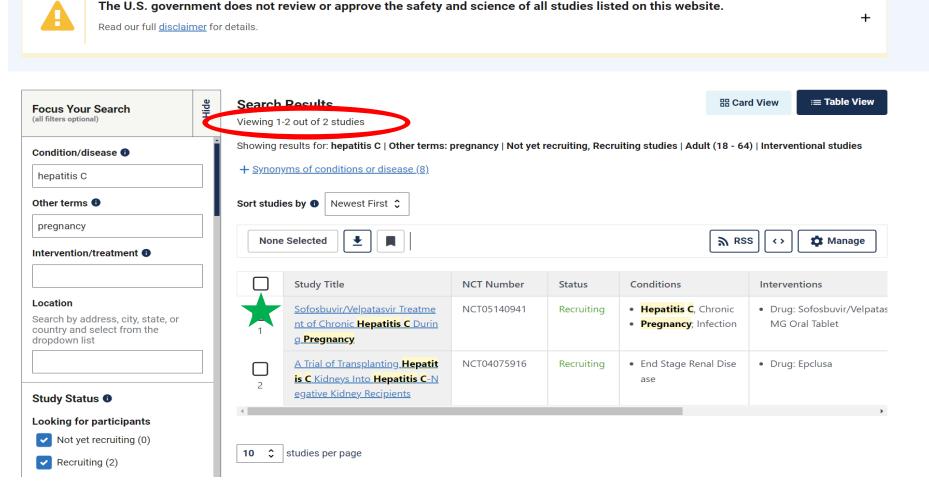




Other: HCV infection statu

Other: Community based

### **Research** is currently being done on Hep C treatment in Pregnancy









### **STORC Trial for Hepatitis C treatment in Pregnancy**

- Marshall's Division of Addiction Sciences was recently initiated to participate in the STORC trial.
- This interventional study looks at the medication Epclusa (sofosbuvir/velpatavir) in pregnant persons.
- This is a chance at a cure for a disease that pregnant people will not otherwise have access to.





# **STORC Trial for Hepatitis C Treatment in Pregnancy**

- STORC like all studies are voluntary and the participants can leave at any time with no penalties.
- The study pays for the medication, there is no cost to the participants.
- They can continue their care at their normal obstetrician's office.
- Monthly visits
- As part of the study protocol the mother will be tested multiple times to monitor her viral load during study participation, this can help determine the change of perinatal transmission.
- As part of the study protocol the infant being born to a Hepatitis C-positive mother will receive testing for Hep C at approximately 8 weeks, 6 months, and 12 months of age.





### STORC Trial for Hepatitis C Treatment in Pregnancy

#### Inclusion criteria:

- 18 to 45 years old
- HCV positive
- Singleton pregnancy 12 w 0d to 29 w 6d
- Hepatitis B negative
- If living with HIV must be on antiretroviral therapy
- If taking acid suppressant medication, be able to follow specific dosing instructions

### **Exclusion criteria:**

- Cannot plan to relocate away from the area for the next 16 months
- Cannot have a documented history of cirrhosis
- Cannot be currently enrolled in another investigational clinical trial
- Cannot have any known fetal chromosome abnormalities
- Cannot have clinically significant and habitual non-therapeutic drug use (not including marijuana)





### **Content References**

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- https://www.cdc.gov/mmwr/volumes/72/rr/rr7204a1.htm





### **Links for Pictures**

- https://www.cdc.gov/hepatitis-c/index.html
- <u>https://www.gettyimages.com/photos/large-group-of-people</u>
- https://dressalab.com/products/hcv-rna-pcr-quantitative?variant=42300187607209
- <u>https://www.nytimes.com/2014/10/11/business/harvoni-a-hepatitis-c-drug-from-gilead-wins-fda-approval.html</u>
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# Marshall Addiction Sciences Research Team for STORC

- PI: Todd Davies, PhD
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- Lead Pharmacist: Ron Carico, PharmD
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- Obstetrician: Adam Franks, MD
- Alternate Coordinator: Mary Edwards, MS
- Alternate Coordinator/ Lead internal monitor: Lacey Andrews, MS, CCRC, CCRA
- Alternate Medical clinicians: Jeremy Mount APRN and Dathan Jobe APRN
- Consulting Hepatologist: Tejas Joshi, MD





### If you have any patients who may benefit from this study, please contact our lead coordinator

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# Thank you!





