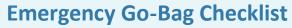
	Emergency Preparedness Checklist Emergencies can happen at a moment's notice. Refer to this checklist on a regular basis to ensure you are prepared!
	 My dialysis facility has my updated address and contact information on file, along with emergency contacts. I have a backup plan to receive care if my center is closed. Location:
1	Address:
- 1	 Telephone:
į.	are not expired and are weather appropriate (see
- 1	reverse side).
i	I have an emergency supply of medications ready
- 1	to grab.
i	I have a plan on where I will seek safety, if needed.
- 1	• If applicable, I have ensured my pets are welcome.
- i	I have a copy of my current dialysis prescription:
	Time on treatment: Dialysate:
į	Blood flow rate: Dialysate flow rate:
į	Anticoagulation medication:
G	This material was prepared by the Kidney Community Emergency Response (KCER) contractor, under
)	This material was prepared by the Kidney Community Emergency Response (KCER) contractor, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy nor imply endorsement by the U.S. Government. CMS Contract #: HHSM-500-2006-00007C Publication Number: KCER-KC3FOS-01082024-01

ensure you are prepa	
	has my updated address and contact e, along with emergency contacts.
	an to receive care if my center
is closed.	
 Location: Address: 	
Telephone:	
	emergency bag to ensure items
are not expired an reverse side).	d are weather appropriate (see
	cy supply of medications ready
-	, , , ,
to grab.	
🗌 I have a plan on wl	here I will seek safety, if needed.
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Use this checklist to get you started on your go-bag. Regularly check your items to ensure they are weather appropriate, consistent with your diet needs, and unexpired.

Important Documents

- Identification
- Insurance card(s)
- List of medications
- Monthly lab report
- Vaccination records of animals, if applicable

Water and Food

- Non-perishable foods
- Canned, pop-top, low-sodium green beans, corn, peas
- Applesauce
- Unsalted peanut butter
- Low-sodium tuna, crab, chicken, salmon, or turkey
- Bottled water, cranberry or apple juice
- Food, water, and medications for any animals

Clothes and Toiletries

- Change of clothes
- Sturdy shoes
- Toilet paper
- Toothbrush and toothpaste
- Feminine personal hygiene
- Medications
- Leash, cage, cleaning supplies, etc. for pets

Emergency Tools

- Flashlight
- Cell phone and charger
- Blankets
- Whistle
- Battery-powered radio

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