University of Maryland Medical Center Transplant:

Kidney Transplant Selection Criteria Policy 13814483 identifies criteria below:

- D. Patient Selection Criteria includes, but is not limited to:
  - 1. Evidence of compliance with medical regimen
  - 2. Determined to be medically and surgically suitable
  - 3. Determined to be psychosocially suitable
  - 4. Adequate financial resources
- E. Absolute contraindications to kidney transplantation include, but are not limited to:
  - 1. Presence of active malignancy/high risk of recurrence
  - 2. Advanced non-reconstructable abdominal/pelvic vascular disease
  - 3. Severe pulmonary dysfunction
    - a. Patient on home oxygen
    - b. Advanced pulmonary disease such as IPF/COPD with <80% 1 year survival
  - **4.** Disseminated infection (including AIDS, current tuberculosis, fungal infection, systemic sepsis)
  - 5. *BMI* > 45
  - 6. Untreated or uncontrolled major psychiatric illness, including major depression, schizophrenic, bipolar disorder
  - 7. Pregnancy
  - 8. Symptomatic or severe coronary artery disease not amenable to surgical treatment or PTCA.
  - 9. Active substance abuse (including but not limited to including heroin, methamphetamine, cocaine)
  - 10. Patients currently serving time for a criminal conviction, either imprisoned and/or pending sentencing. These patients require lifetime immunosuppression, intense monitoring and specialized health maintenance, and due to their environmental constraints will be unable to maintain the proper care of their transplant.
- F. Relative contraindications (3 or more deems candidates ineligible)
  - 1. Candidates who demonstrate non-compliance with their current medical care will be considered if their non-compliance is corrected.

- 2. Substance- abuse within the last 6 months
- 3. SIPAT > 40
- 4. Advanced cardiovascular risk (2 or more of the following)
  - a. *Ejection fraction* <45-50%
  - b.  $Cardiac\ Index < 3L/min/m^2$
  - c. Multi-vessel disease (>3 vessel disease)
  - d. Myocardial infarct within past 6 months
- 5. Consideration of comorbid illnesses such as coronary artery disease, neurological conditions, frailty, malnutrition etc (as determined by transplant MD)
- 6. BMI > 40 but less than 45
- 7. Blood-Type Incompatibility
  - a. In general, donor-recipient blood type incompatibility is a contraindication to kidney transplantation. Consideration can be given to a blood type non-identical but compatible kidney transplant as defined by UNOS regulations.
- 8. *Infectious History* 
  - a. HIV Infection
    - i. HIV positive recipients must be compliant with antiretroviral therapy, viral load undetectable, CD4 count acceptable per Infectious Disease transplant physician, and no history of HIV associated opportunistic infections or malignancies.
    - ii. Patients should be referred to UMMC Infectious Disease for clearance prior to listing.
  - b. Hepatitis B or C infected recipients will be considered if the infection is under control and there is minimal liver injury or dysfunction.
- 9. Adequate financial resources