

## PATIENT MENTORING PROGRAM



## **CONNECTING WITH A PATIENT MENTOR**

- Enjoy the benefits of having social support from patients like yourself.
- Learn about treatment options from patients with real life experience.
- Set personal goals and talk about them with a patient mentor.
- Obtain useful resources and support to strengthen your partnership with the healthcare team.

## **BEING A PATIENT MENTOR**

- Offer positive role modeling to new patients and patients in need of support.
- Share your experiences and information on treatment options.
- Help patients understand the benefits of being involved in their care.
- Encourage positive communication with the healthcare team.

To be a patient mentor in this program, you must have been a renal patient on dialysis and/or transplanted for at least one year and are willing to complete at least four online Patient Mentoring courses.



## **HOW CAN I PARTICIPATE IN THIS PROGRAM?**

- 1. Let your facility social worker, nurse, manager, other facility staff or Network 3 contact know that you are interested.
- 2. Complete the Patient Mentor/Mentee Application and give it to your facility staff or Network 3 contact.
- 3. Set aside time to connect with a patient mentor / mentee in person, by phone or virtually.

Network 3 Contact:
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Patient Toll Free Line: (888) 877-8400

www.qualityinsights.org/qirn3/patients-and-families/patient-mentor-program

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