



# WHY STAYING UP TO DATE WITH COVID-19 VACCINATION IS IMPORTANT



**The virus that causes COVID-19 changes over time.** Keeping up with COVID-19 vaccines can lower your chances of getting seriously sick, needing to go to the hospital, or dying from COVID-19.



## WHO SHOULD GET UPDATED VACCINES?

- ✓ Everyone 6 years or older should get one dose of the updated COVID-19 vaccine, even if you already got the original COVID-19 vaccines before.
- ✓ If you're 65 years or older, you can get an extra dose of the COVID-19 vaccine at least four months after your first updated vaccine.
- ✓ People with a weakened immune system can get an extra dose of the updated COVID-19 vaccine at least two months or more after their last updated vaccine. Remember to talk to your healthcare provider about getting additional doses.
- ✓ If you recently had COVID-19, it's still important to stay updated with your vaccines. You might want to wait three months from when your symptoms started or, if you had no symptoms, from when you first got a positive test.

**Always remember, staying informed about COVID-19 vaccines and listening to healthcare professionals can help protect you and the people around you.**

## FIND COVID-19 VACCINES NEAR YOU

Go to [www.vaccines.gov](https://www.vaccines.gov)

Text your ZIP code to 438829

Call 1-800-232-0233

Scan the QR code on this document



## OTHER WAYS TO LOOK FOR VACCINE PROVIDERS NEAR YOU

- ✓ Ask your doctor, pharmacist, or community health center.
- ✓ Check your local pharmacy's website for available vaccination appointments.



Source: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

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