



RECHARGE YOUR PROTECTION AGAINST COVID-19



The virus that causes COVID-19 changes over time. Keeping up with COVID-19 vaccines can lower your chances of getting seriously sick, needing to go to the hospital, or dying from COVID-19.



The 2023-2024 updated COVID-19 vaccines are now available to help keep you safer against COVID-19, especially if your protection has gone down. CDC recommends:

- ✓ Everyone aged 5 years and older should get **1 dose of an updated COVID-19 vaccine** to protect against serious illness from COVID-19.
- ✓ People with weakened immune systems may get additional doses of the updated COVID-19 vaccine. Talk to your doctor about additional updated doses.
- ✓ If you recently had COVID-19, it's still important to stay updated with your vaccines. You might want to wait three months from when your symptoms started or, if you had no symptoms, from when you first got a positive test.

It's important to know about COVID-19 vaccines and to listen to your doctor. This can keep you and the people you care about safe.

FIND COVID-19 VACCINES NEAR YOU

Go to www.vaccines.gov

Text your ZIP code to 438829

Call 1-800-232-0233

Scan the QR code on this document



NO HEALTH INSURANCE OR VACCINE COVERAGE?

- ✓ Check out the CDC's Bridge Access Program



Source: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

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