

A photograph of two women sitting and talking, overlaid with a blue tint. The woman on the left is seen in profile, wearing a light-colored top and large hoop earrings. The woman on the right is facing her, wearing a light-colored blazer, and has her hands clasped. The background is a blurred office or meeting room.

Quality Insights Community Health Worker Project



HEALTHY WOMEN

- **Healthy women** are the heart of a healthy community
- **Healthy women** become healthy moms
- **Healthy moms** have healthy babies
- **Healthy babies** grow up to be healthy adults



- ▶ To develop a closed-loop referral mechanism to facilitate a client's referral to and receipt of community services in support of a healthy lifestyle
- ▶ Target population
 - ▶ Females in the city of Wilmington, Southern Kent, Western Sussex, and Northern Sussex
 - ▶ Age 15-44
 - ▶ DE statistics have shown higher than average rates of poor birth outcomes in certain high



Social Determinants of Health (SDOH)



- ▶ **SDoH assessments** will be conducted by CHWs to identify client needs
- ▶ Once **needs are identified**, CHWs will work with clients to **set goals and identify client priorities**
- ▶ CHWs will make **referrals** to community services and agencies based on client needs and goals

Social Determinants of Health (SDOH) (continued)

- ▶ Social and structural determinants of health describe **environmental conditions, both physical and social, that influence health outcomes.**
- ▶ Physical conditions such as lack of access to safe housing, clean drinking water, nutritious food, and safe neighborhoods contribute to poor health.



Referral opportunities

- ▶ Employment resources
- ▶ Food
- ▶ Housing
- ▶ Education
- ▶ Medical/Insurance
- ▶ Transportation
- ▶ Mental Health
- ▶ And more....



Meet Our CHW Team



 CHW team



**Lily
Prada**



**Mignaliz (Nanny)
Vega-Morales**



**Gakeya
Connor**



**Emma
Fountain**



**Lisbeth
Rojas**



PARTNERS

Partnering to affect change and improve patients overall health.

Featured CBO partners



- ▶ Kingswood Community Center
- ▶ Shepherds' Office
- ▶ Georgetown Library, Wilmington Library, Seaford Library
- ▶ St Francis Community Health and Wellbeing Program
- ▶ Rosehill Community Center
- ▶ James Groves Adult High School



Successes

CHW Project successes

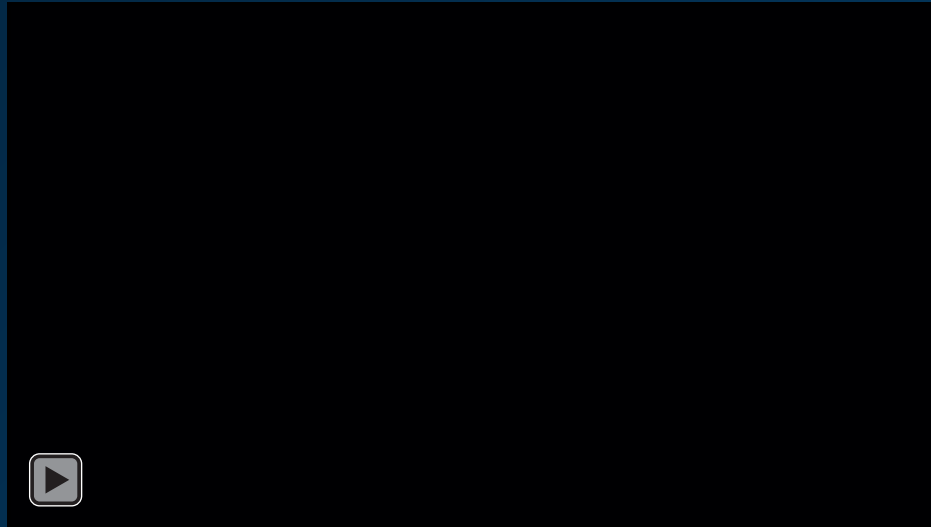
- ▶ Housing support
- ▶ Mental and behavioral stability
- ▶ Navigating bus routes
- ▶ Support for overdue bills
- ▶ Referrals to Medicaid and ACA insurance
- ▶ Helping families get toys and food for holidays
- ▶ Replacing items lost with a flooded basement





Hear from our CHWs

Gayeka Connor





Hear from our CHWs

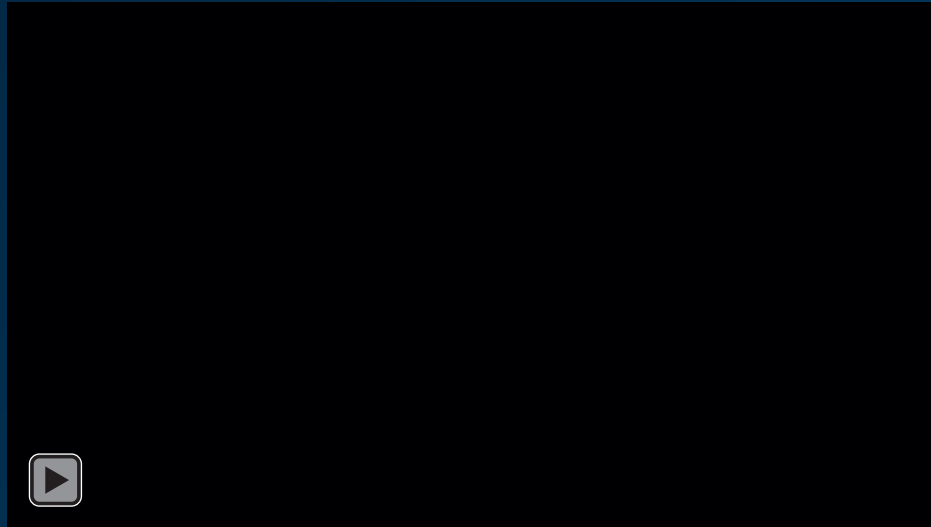
Lisbeth Rojas





Hear from our CHWs

Nanny Vega-Morales



Two Ways to enroll

#1: Complete Intake Form

Access the Intake Form at:
<https://dethrives.com/thriving-communities/community-health-workers>

Please Note: In order to maintain HIPAA compliance, PLEASE DO NOT submit a referral nor any client identifying information via mail nor email.

#2: Contact a Quality Insights CHW

Call to set up a time to talk to one of our Quality Insights CHWs

- ▶ NC County: 302-287-9804
- ▶ Kent and Sussex: 302-245-3293
- ▶ Spanish (all areas): 302-463-7957

The CHWs will start by giving the client a healthy woman lifestyle assessment that will help put great community resources and programs into their hands.

THANK YOU!

ANY QUESTIONS?

Contact **Cindy Biederman** at cbiederman@qualityinsights.org to learn more about the Quality Insights Maternal Health CHW Project.

*This project is in collaboration with the Division of Public Health (DPH) and the Delaware Healthy Mother and Infant Consortium (DHMIC) to improve health outcomes for women and children.
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