

Men and women who are 50 and older, or have a family history of colon cancer, should be screened.

We recommend either a colonoscopy or a fecal immunochemical test (FIT). Screenings can help find precancerous polyps and detect cancer in its most treatable stages.



Have you had yours? Let us know so that we can update our records or help you schedule a screening.

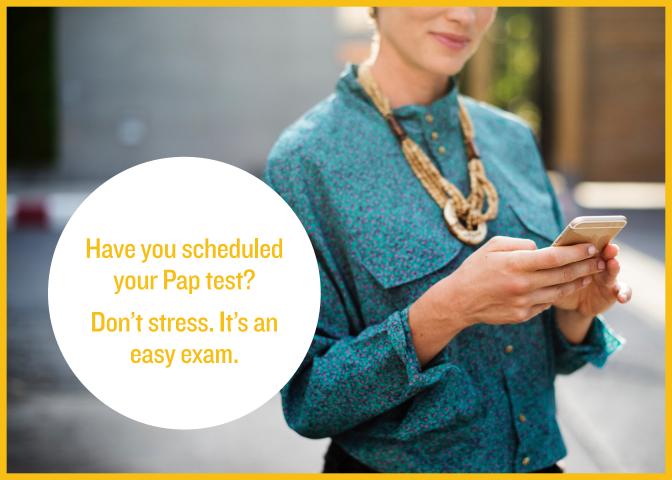


Women should know how their breasts normally look and feel, and report any change to their health care provider right away.

And women who are 40 and older should have a mammogram every year.



Have you had yours? Let us know so that we can update our records or help you schedule a screening.



Getting a Pap test is easy.

It's part of a regular pelvic exam, and it's the only way to find cervical cancer.



Have you had yours? Let us know so that we can update our records or help you schedule a screening.