

# COLON CANCER SCREENING SAVES LIVES

**3<sup>rd</sup>** Colorectal cancer is the third leading cause of cancer deaths in the United States among cancers affecting both men and women.



OVER **50,000** PEOPLE DIE FROM COLON CANCER EVERY YEAR IN THE U.S.

## WHO SHOULD GET SCREENED?

EVERYONE between the age **45 to 75** at average risk\* should be screened.

*\*Average Risk: NO personal history of colorectal cancer or certain types of polyps, family history of colorectal cancer, personal history of inflammatory bowel disease (ulcerative colitis or Crohn's disease), confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary non-polyposis colon cancer or HNPCC), or personal history of getting radiation to the abdomen (belly) or pelvic area to treat a prior cancer\**

**45**  
Years Old

**75**  
Years Old

## FAMILY HISTORY?

Do you have a family history of colorectal cancer or other risk factors? Talk to your doctor about beginning screening at a younger age.



Colorectal cancer is preventable and treatable with screenings.



## WHAT ARE THE SCREENING OPTIONS?

The United States Preventive Services Task Force (USPSTF) acceptable methods of screening:

TEST	FREQUENCY	COST
High Sensitivity Fecal Occult Blood Tests (FOBT): gFOBT or FIT	Every year	<p>For health plans that started on or after September 23, 2010, the Affordable Care Act requires coverage of colorectal cancer screening tests. For health plans that started prior to this date, coverage is determined by state and other federal laws</p>
Stool DNA Test: Cologuard®	Every 1 or 3 years	
Flexible Sigmoidoscopy	Every 5 years or every 10 years with Fecal Immunochemical Test (FIT) annually	
Colonoscopy	Every 10 years for people at average risk, more frequently if polyps are observed	
*Virtual Colonoscopy (CT Colonography)	Every 5 Years	

A positive result on a stool-based test may require follow-up diagnostic testing.

\*Medicare and some insurance companies do not pay for this procedure.

**Don't be one of the 50,000 people who die from colon cancer each year. GET SCREENED!**



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<https://www.cancer.gov/types/colorectal/screening-fact-sheet>

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening#toc>

<https://www.cancer.org/cancer/colon-rectal-cancer/detection-diagnosis-staging/acs-recommendations.html>

<https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/colorectal-cancer-screening2>



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