



Learn How Your Organization Can Become a National Diabetes Prevention Program



Umbrella HUB Overview

February 8, 2023

Housekeeping Notes

- All attendee lines are muted.
- Please submit your questions to our panelists via the Q&A feature.
- Questions will be addressed at the end of the session, as time permits.
- A copy of the slide deck will be emailed to you after the session



Welcome: Presenter Panel



Danielle Nugent, MS

Practice Transformation Specialist
Quality Insights



TaQuina Warren, Pharm D

Owner/Pharmacist
Focus Pharmacy

Quality Insights Overview



- Non-profit organization focused on data community solutions to improve health care quality in pursuit of better care, smarter spending and healthier people.
- Change agent, trusted partner and integrator of organizations collaborating to improve care.

Agenda

- Impact Statement
 - Prediabetes in the U.S. and Delaware
- Overview of the Umbrella HUB project
 - Umbrella HUB Organization
 - Subsidiaries
 - Benefits
- Roles of participating agencies
 - Division of Public Health
 - Quality Insights
 - Health Promotion Council
 - Stakeholders
- Stakeholder Engagement
 - Data
 - Client engagement



Impact Statement



To increase awareness and access to the National Diabetes Prevention Program for the Medicaid population.

Delaware Statistics

Over 70,100 Delaware adults have a diagnosis of prediabetes.

86.8% of adults diagnosed with diabetes are overweight or obese.

58% reduction of risk for diabetes for those that complete the National DPP.

2020 Diabetes Prevalence by County

State	New Castle Co.	Kent County	Sussex County
12.4%	12.6%	13.1%	11.6%

2020 Obesity Prevalence by County

State	New Castle Co.	Kent County	Sussex County
36.5%	35.1%	39.9%	37.3%

Source: Delaware Health and Social Services, Division of Public Health, Behavioral Risk Factor Survey (BRFS), 2020.

Source: [Delaware.gov](https://delaware.gov)

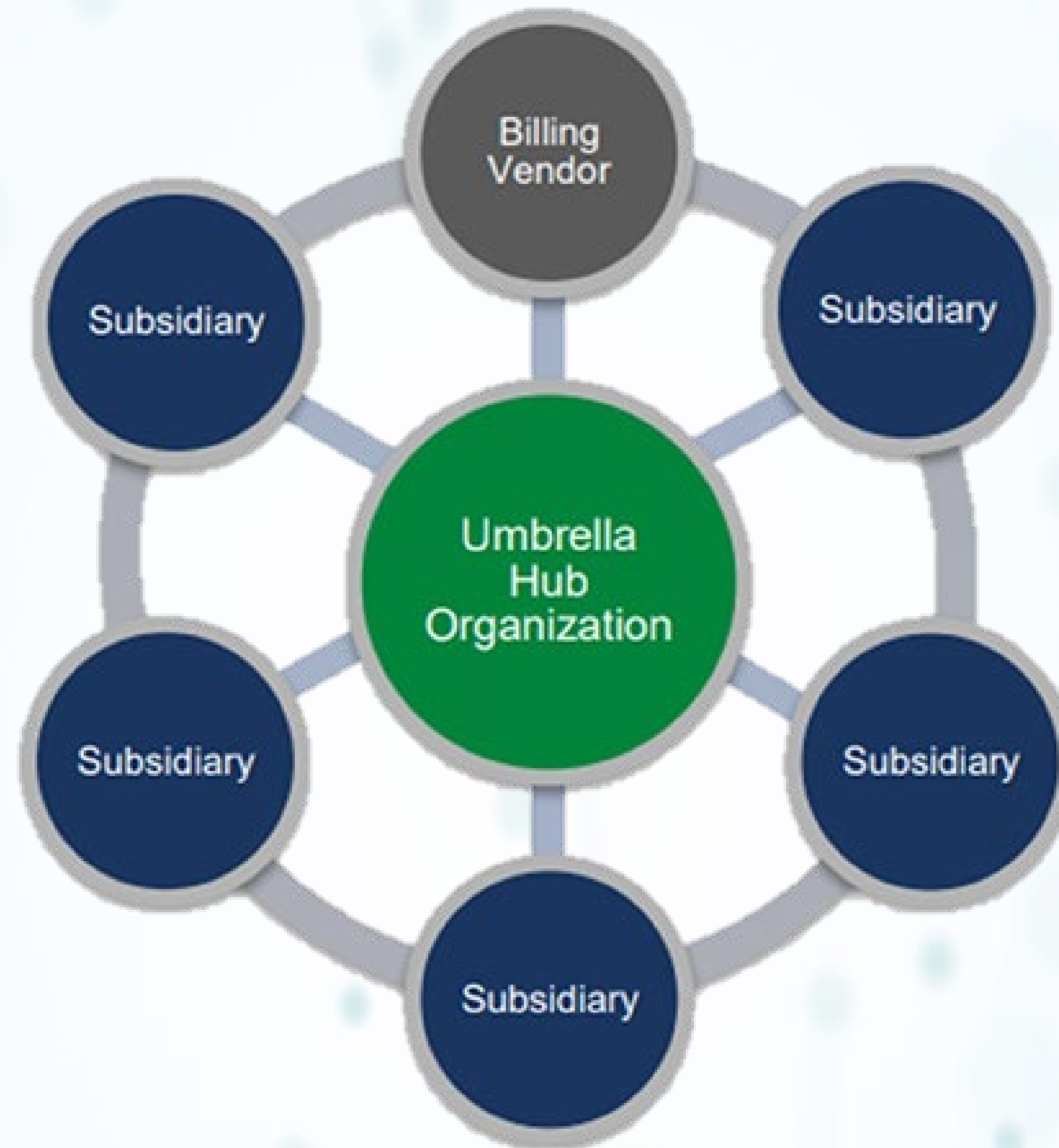
National Diabetes Prevention Programs

- Programs focused on helping patients attain healthy lifestyle changes, including:
 - Focus on healthy eating, stress reduction, physical activity, etc.
 - Goal of sustainable 5 to 7% weight loss
 - Increased physical activity
 - Group-based with a trained lifestyle coach
 - 12-month program with 16 weekly sessions
 - Some programs include access to gyms, Walk with Ease, or other physical activity programs

Source: [YMCA of Delaware](#)



Umbrella HUB



Source: [National DPP Coverage Toolkit](#)

Umbrella HUB Organization



Umbrella HUB Organization (UHO)

- Connecting community-based organizations, provider practices, Federally Qualified Health Centers, health care systems, pharmacies, and others to payers through a HUB model
- Holds and maintains the Diabetes Prevention Recognition Program (DPRP) accreditation for UHO and subsidiaries
- Is able to bill Medicaid/Medicare/private insurance once contracted with these entities
 - The NACDD contract has a specific focus on Medicaid
- Has platform for billing and monitoring data
- Responsible for administrative tasks
 - Business Associate Agreement and other agreements with subsidiaries
 - Charter
 - Claims submission
 - Maintaining DPRP accreditation

Subsidiary Organization

Subsidiary organizations

- Community-based organizations (CBOs), provider practices, Federally Qualified Health Centers, health care systems, pharmacies, etc. that has or wants to start a National DPP
- Engages in HUB to reduce administrative burden.
- Doesn't have Diabetes Prevention Recognition Program accreditation
- Responsible for:
 - Training staff
 - Running their National DPP
 - Collecting data



NACDD

- Funds the project
- Provides guidance for this project
- Provides resources like Umbrella HUB toolkit
- Assists in answering contract specific questions
- Provides connections to entities like HPC, DMMA, etc.
- Helps to facilitate conversations
- Hosts monthly office hours and a annual conference
- Serves as a connector, collaborator for other projects/initiatives

Stakeholders

The MCOs

- Aid in educating clients about the National DPP
- Refer clients to the National DPP
- Participates in stakeholder meetings
- Participate in text or portal campaign

Subsidiaries

- Provide their own National DPP programs
- Educate patients/ members on National DPP
- Provide HPC with billing claims and participant data

Health Promotion Council

- Umbrella HUB organization
- UHO provides billing and data submission platform
- Responsible for subsidiaries

Roles

DE Division of Public Health

- Provides support and guidance to the HPC
- Aids in identifying subsidiaries for recruitment
- Helps to connect HPC of DE to stakeholder organizations

Quality Insights

- Provides support to the HPC around training subsidiaries
- Recruits subsidiaries
- Assists in connecting the UHO to stakeholder organizations

Benefits of Becoming a Subsidiary

- Improved health for the members of the subsidiaries community
- Added value for the patients/clients the subsidiaries serve
- Reduced administrative burden
 - Subsidiary can be unrecognized and host their own program under the HUB's accreditation
 - Assistance in becoming DPRP recognized National DPP
 - Ability for subsidiaries to bill under UHO's billing/ reimbursement
 - Access to the Welld platform for billing and documentation
- Group-based support
 - Technical assistance meetings with organizations going through the same process
- Assistance in implementing other programmatic supports like Walk with Ease



Subsidiary Support



- Education on National DPP
 - [EDISCO](#) course: [National DPP Coverage Toolkit](#)
 - Funds to cover lifestyle coach training for staff
- Referral and marketing support
 - MCOs, community-based organizations, and physician practices
 - Call campaigns, text campaigns, other
 - Community events
- Technical assistance
 - Wellb technical assistance
 - One-on-ones with Quality Insights
 - HPC open office hours

Next Steps

- Share the [EDISCO course](#) with your staff
- Review our [recruitment flyer](#)
- Reach out to Quality Insights for more information
 - Danielle Nugent: dnugent@qualityinsights.org



Contact Information

- **Danielle Nugent, MSHA**
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References

- Coverage Toolkit. (12.2.2022). Umbrella HUB Arrangement Overview. <https://coveragetoolkit.org/umbrella-hub-arrangements/uha-overview/>
- NIH. (11.14.2009). 10 year follow up study of diabetes incidence and weight loss in the Diabetes Prevention Program Outcomes study. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3135022/>
- Delaware.gov (n.d.). More than 1 in 10 Delaware Adults Report Having Diabetes in 2020. <https://www.dhss.delaware.gov/dhss/dph/dpc/diabetes02.html>

THANK YOU!



Quality
Insights

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The DE Umbrella HUB: Benefits of Being a Subsidiary

with Dr. TaQuina Warren, PharmD, Owner of Focus Pharmacy



February 8, 2023

Focus Pharmacy

- Full service, independent pharmacy
 - Smyrna, Delaware
- Founded on the principle of providing exceptional pharmaceutical care
- Community-focused care
 - Pharmacy
 - Specialized diabetes care
 - Immunizations
 - Group education classes



Umbrella HUB Timeline



- Started discussions with Quality Insights and HPC
 - 4/29/2022
- Between initial discussion and official onboarding
 - Received regular technical assistance calls to address questions and discuss the process
 - Received a subsidiary checklist/timeline for onboarding
 - Filled out required paperwork
- Became a subsidiary organization
 - November 2022

Benefits of Becoming a Subsidiary

- Group office hours
 - HPC office hours with other National DPP programs
- Welld technical assistance
 - HPC office hours
- Marketing assistance
 - 0 session materials
 - Marketing strategy discussions with Quality Insights
- Program implementation assistance
 - Talking through engagement/recruitment strategy with Quality Insights
 - HPC assistance with application and submittal of data
- Connections to other programs
 - Walk with Ease



Things to Consider

- Subs can only be officially on-boarded in May or November
 - Focus on-boarded in November of 2022
- Onboarding requires a commitment to attending meetings and submitting paperwork
- Focus classes to be offered in person
 - Needed coaches trained
 - Needed to identify space for classes
- Recruitment and engagement
 - Recruitment of patients through nearby housing developments
 - Development of program one pager
 - Attended Carols in Color
 - Work with Quality Insights for referrals



Questions



Contact Information

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Thank You

