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# DELAWARE PUBLIC HEALTH SERIES

## National DPP Coverage Toolkit Overview

*In 2019, more than 75,000 adults in Delaware reported that they had been diagnosed with prediabetes. Preventing progression to type 2 diabetes improves patients' quality of life and reduces long-term healthcare costs. Learn how the National Diabetes Prevention Program (National DPP) can help you do just that.*

As part of ongoing national efforts to establish Medicaid coverage for the National DPP, the [National DPP Coverage Toolkit](#) was developed in 2017 by the National Association of Chronic Disease Directors (NACDD), the Division of Diabetes Translation at Centers for Disease Control and Prevention (CDC), and Leavitt Partners (healthcare intelligence firm).

During this course, you will explore the toolkit to learn about patient eligibility, identification, recruitment, referral, and retention in the National DPP lifestyle change program.

### Questions?

For question about course content, please email Quality Insights Practice Transformation Specialist Patrick Weiss at [pweiss@qualityinsights.org](mailto:pweiss@qualityinsights.org).

For technical assistance with the learning platform, please email [EDISCO@qualityinsights.org](mailto:EDISCO@qualityinsights.org).

### Recommended Audience

The information in this course is intended for health systems; insurance providers; accountable care organizations; population health departments; educators, health coaches, and navigators; employers and others.

### Learning Objectives

- Identify key information that is included in the National DPP Coverage Toolkit.
- List eligibility requirements and referral processes for the lifestyle change program.
- Describe at least one way to screen and identify eligible participants for the program.
- State three ways to recruit eligible patients for the lifestyle change program.
- Discuss how retention strategies can improve participant health and quality of life outcomes, quality measures, and reduce overall healthcare costs.

