



## Partner with Quality Insights

# Diabetes Control and Prevention, Hypertension and Cholesterol Management

Quality Insights invites your practice to partner with us to provide optimal patient care and support for your health care professionals and staff. Through collaboration with the Delaware Division of Public Health, [Quality Insights](#) offers **NO COST** Centers for Disease Control and Prevention (CDC) grant-funded support to help primary care offices and clinics identify and manage successful quality improvement initiatives for chronic diseases.

### Areas of focus:

- Prediabetes and Diabetes
- Blood Pressure Control
- Cholesterol Management



### We offer services tailored to YOUR needs:

- Streamline workflow process
- Optimization of electronic health record (EHR) and health information technology (HIT)
- Support clinical quality measure improvement
- Integration of data and quality outcomes enhancing value-based care
- Education resources for staff and patients

### Connect with Quality Insights

Discover more benefits of partnering with Quality Insights. Contact Ashley Biscardi at [abiscardi@qualityinsights.org](mailto:abiscardi@qualityinsights.org) or call 1-877-346-6180, Ext. 137.

## The Statistics Are Shocking

**88 million** American adults have prediabetes and 84 percent don't know they have it.<sup>1</sup>

**34.2 million** Americans have diabetes and 1.5 million newly diagnosed patients are added to that total each year.<sup>2</sup>

**86 million** American adults have high blood pressure (BP) with only about half of these people having their high BP under control.<sup>3</sup>

**39.7%** American adults have a total cholesterol level of 200 mg/dL.<sup>4</sup>

1. CDC: <https://www.cdc.gov/diabetes/basics/prediabetes.html>

2. ADA: <http://www.diabetes.org/diabetes-basics/statistics/>

3. CDC: <https://www.cdc.gov/bloodpressure/index.htm>

4. AHA: <https://www.heart.org/en/health-topics/cholesterol>

This activity has been approved by the American Board of Family Medicine (ABFM) for Family Medicine Certification credit. ABFM members will receive 20 credits towards the Performance Improvement Component. Term of approval is for two years, beginning 08/20/2021.